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YONKERS WOMAN, A STUDENT AT SUNY BINGHAMTON, WINS "STAY AWAKE! STAY ALIVE!" DROWSY DRIVING VIDEO PSA CHALLENGE

Runners-up are students at SUNY Binghamton and Stony Brook

NEW YORK, March 2, 2020 -- Aneesa Addarich, 20, a student at SUNY Binghamton, has won the second annual "Stay Awake! Stay Alive!" Drowsy Driving PSA Challenge with a 25-second video public service announcement called "Designated Driver." The Yonkers, NY resident will receive a \$2,500 prize from The National Road Safety Foundation, sponsor of the challenge in cooperation with the New York State Dept. Of Health and the NYS Governor's Traffic Safety Committee.

Owen Holland, so, of Waverly, PA and a student at SUNY Binghamton, will receive \$1,500 as the first runner-up for his video "Maker It Home," and Matthew Weinold, 24, of Shoreham, NY and a student at SUNY Stony Brook, wins \$1,000 for his second runner-up entry "Too Busy for Sleep."

Drowsy and fatigued driving is a serious safety issue that is a factor in more than 328,000 crashes every year, taking a toll of more than 6,400 lives and 109,000 injuries every year. Young drivers, especially college students, are at increased risk of driving drowsy, which is why the three organizations partnered again this year in the PSA challenge for students in the State University schools at Albany, Binghamton, Buffalo, Cortlandt, Oneonta and Stony Brook.

The National Road Safety Foundation, a non-profit organization that produces free programs and materials about safe driving behavior, has sponsored PSA video challenges for middle and high school students for several years, but "Stay Awake! Stay Alive!" is the group's only challenge specifically for college students. "Everyone needs to be rested before they drive, but college students, with their rigorous schedules, are at greater risk of driving while fatigued," said Michelle Anderson, director of operations for The National Road Safety Foundation. "Drowsy driving is not as widely discussed as impaired or distracted driving, which is why these creative videos are helpful to call attention to this serious issue that impacts us all."

The winning videos are being unveiled this week at a series of events at SUNY Binghamton, Oneonta and Cortlandt. The events include presentations by representatives from the Governor's Traffic Safety Committee, sleep experts from SUNY Stony Brook, and Jennifer Pearce, a victim advocate who lost her sister in a 2008 drowsy driving-related crash. The winning video and the two runners-up will be broadcast later this year on more than 160 TV stations nationwide, and they will be shown on monitors at rest stops along the New York State Thruway.

The National Road Safety Foundation, Inc., a 501 (c)(3) non-profit organization founded more nearly 60 years ago, produces traffic safety programs on distracted driving, speed and aggression, impaired driving, drowsy driving, driver proficiency, pedestrian safety and a host of other safety issues. It distributes the programs free of charge to schools, police and traffic safety advocates, community groups and individuals. It also sponsors contests to engage teens in promoting safe driving to their peers and in their communities. For more information or to download free programs, visit www.nrsf.org or <u>www.teenlane.org</u>. and "Like" us on Facebook.