You can’t control congestion, construction or the weather, but you can control your reaction. Don’t let anger cloud your attention to safe driving.

Don’t trigger aggression in others:

- Keep a safe following distance from the car ahead. You’ll need the room if something unexpected happens.
- Don’t cut off other drivers.
- Leave plenty of room when merging.
- Give others the space they need to merge safely. Don’t “close the gap.”
- Don’t put other drivers at risk with one hand on the wheel and your mind on something else.
- Keep right except to pass.
- Move right to let others pass.
- Avoid gestures that might anger another driver.

What should you do when confronted by an aggressive driver?

- Avoid eye contact.
- Stay calm and relaxed.
- Get out of the way safely.
- Don’t take on their anger. Ignore gestures.
- Don’t compete or retaliate.
- If challenged by an aggressive driver, drive to a public space, not home.
- Call the police.
Aggressive Driving

...is the operation of a motor vehicle in a deliberate, selfish, bold or pushy manner which endangers or is likely to endanger persons or property. Motivated by impatience, lateness or hostility, it involves a series of moving violations which increase the risk of collision. Take this test and review these tips so you can curb aggressive driving.

Reduce Your Stress

- Leave plenty of Time. Hurry =Speeding
- Minimize distractions: take out glasses, put purse/briefcase, phone away.
- Don’t drive when angry, upset or overly tired. Emotions = High Risk.
- Monitor your physical/emotional condition.
- Alter your schedule to avoid peak drive times.
- Know where you’re going. Know alternate routes.
- Polite works.

For each behavior or possible violation check the current action:

- Seatbelts
- Obeying Speed Limits
- At Stop Signs
- Waterbugging (frequent lane changes)
- Yellow Signal
- Slow Driver in Front
- Bad Weather Conditions
- Mood While Driving
- Lane Changing
- Attention Span
- Use of Headlights
- Allowing Pedestrians to Cross
- Faced with an Aggressive Driver
- When Parking
- Stopping to Talk (to other road users)

\[ \begin{array}{llll}
\text{For each behavior or possible violation check the current action:} \\
\text{Always} & \text{Drives at Limit} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Drives at Limit} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Never} & \text{Comes to a Complete Stop} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Never} & \text{Slows/stops as Appropriate} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Changes Lanes/passes Safely} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Calm and Patient} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Always Signals} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Maintains Attention} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{At All Times} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Moves Out of the Way} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Always} & \text{Takes Up One Spot} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\text{Never} & \text{Never} & \text{Never} & \text{Drives 10 Mph Over the Limit} \\
\end{array} \]

Your Score Is

Mostly A's: You are a Duke Bugsky and you are OK…
Mostly B's: You are a Big Sid which is unsafe and unacceptable
Mostly C's: You are violating the law and will get pulled over by Trooper Dale, you are a GOTCHA!

Comments